



## **Classroom Cooks: The Kitchen Classroom is the Tastiest Place to Learn!**

Kitchen Kid's after school enrichment program, **Classroom Cooks**, is the ideal way for schools and other organizations to cook up enthusiasm for the kitchen classroom. Our inter-disciplinary and hands-on cooking classes are fun, delicious, and healthy!

Founded on the belief that the kitchen classroom is the tastiest place to learn, our holistic curriculum incorporates lessons on math, science, geography, culture, language, nutrition, reading comprehension, ecology, and history. Culinary education naturally cultivates teamwork and self-reliance, social responsibility, sustainability, and community. Our instructors are trained classroom teachers and passionate cooks, and find great joy teaching cooking to kids.

Our unique programs have been adapted for students in Pre-K -- 6th grade. We require no kitchen or special equipment; Kitchen Kid can get cooking almost anywhere!

### **Books for Cooks**

***Ideal for grades Pre-K - 1***

Reading has never tasted so good! This beginning-to-cook class is a perfect way to quench your young chef's thirst for culinary adventure and develop his or her appetite for nutritious nibbles. Books are chosen to reinforce academic and social skills, support diverse cultural values, and to coincide with seasonal cooking. Ingredients are chosen to expand the culinary horizons of our tot-chefs, encouraging them to use all their senses to explore and experience new foods. Healthy recipes may include *Very Hungry Caterpillar Snacks*, *Stone Soup*, *Wild Things Pesto Pita Pizza*, and *Big Moon Tortillas*. Children receive a cook-booklet with all recipes!

### **Global Eats**

***Ideal for grades 2-6***

Come travel the world... of food! We'll stamp our passports and explore wonderful cuisines from around the globe! Through the delicious lens of cooking, our lessons emphasize geography, culture, language, history, and music! Students learn fundamental culinary skills and nutrition education while building self-esteem and exploring their creativity. Fun and tasty recipes may include Italian *panzanella* salad, handmade *tortillas* with *frijoles* and *salsa verde*, Vietnamese spring rolls, quiche Lorraine, and North African couscous. Students design a multi-cultural cook-booklet throughout the semester.

Kitchen Kid, LLC

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## **Kitchen Science**

***Ideal for grades Pre-K – 1 and 2-6***

***(Class in development stages; will be offered spring 2010)***

In our kitchen laboratory bread rises, cream whips, and chocolate melts! Cooking IS chemistry! Students in this class learn about the science of nutrition and cooking in a fun and hands-on way. Students create a science journal filled with recipes and observations. Using all five senses to explore ingredients, children wonder “which dairy product contains the most fat”?, “what do vitamins, their color, and our health have to do with each other?” and “what are vegetables, really?”. This edible science class is hands-on, fun, and nutritious!

More classes will be available for the 2010 winter and spring semesters, including **Edible Gardening** and **Cook Book Club**, where the students write, illustrate, and cook from their very own cookbook!

### **Our partner schools include:**

#### **Santa Monica / Malibu USD**

Muir/SMASH

McKinley

Roosevelt

Franklin

Grant

Edison

Webster

#### **City of Santa Monica**

Virginia Avenue Park

#### **Independent Schools**

Crossroads School

Camelot Kids Preschool

Le Lycee Francais de Los Angeles

Westland School

For more information about bringing Classroom Cooks to your school, please contact Samantha at 310.450.3462 or [classroom@kitchenkid.com](mailto:classroom@kitchenkid.com). And visit [www.classroomcooks.com](http://www.classroomcooks.com) to view our online video brochure.

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